

Self-Sufficiency Matrix Participant Name _____ Assessment Date ___/___/___ HMIS ID _____

Initial Interim Exit Provider _____

Domain	1	2	3	4	5	N/A	Score	Participant goal? ✓
Shelter/ Housing	Experiencing Homelessness or threatened with eviction	In transitional, temporary, or substandard housing; and/or current rent/mortgage payment is unaffordable (over 30% of income).	In stable housing that is safe but only marginally adequate.	Household is in safe, adequate, subsidized housing.	Household is in safe, adequate, unsubsidized housing.			
Employment	No employment.	Temporary, part-time or seasonal; inadequate pay, no benefits.	Employed full time; inadequate pay; few or no benefits.	Employed full time with adequate pay and benefits.	Maintains permanent employment with adequate income and benefits			
Income	No Income.	Inadequate income and/or spontaneous or inappropriate spending.	Can meet basic needs with subsidy; appropriate spending.	Can meet basic needs and manage debt without assistance.	Income is sufficient, well managed; has discretionary income and is able to save.			
Food and Nutrition	No food or means to prepare it. Relies to a significant degree on other sources of free or low-cost food.	Household is on food stamps.	Can meet basic food needs, but requires occasional assistance.	Can meet basic needs without assistance	Can choose to purchase any food household desires.			
Childcare	Needs childcare, but none is available/ accessible and/or child is not eligible.	Childcare is unreliable or unaffordable, inadequate supervision is a problem for childcare that is available.	Affordable subsidized childcare is available, but limited.	Reliable, affordable childcare is available, no need for subsidies.	Able to select quality childcare of choice.			
Children's Education	One or more school-aged children not enrolled in school.	One or more school-aged children enrolled in school, but not attending classes	Enrolled in school, but one or more children only occasionally attending.	Enrolled in school and attending classes most of the time.	All school-aged children enrolled and attending on a regular basis.			
Adult Education	Literacy challenges and/or no high school diploma/GED are serious barriers to employment.	Enrolled in literacy and/or GED program and/or has sufficient command of English to where language is not a barrier to employment.	Has high school diploma/GED.	Needs additional education/training to improve employment situation and/or to resolve literacy problems to where they are able to function effectively in society.	Has completed education/training needed to become employable. No literacy problems.			

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Health Care Coverage	No medical coverage and has an immediate need for medical care.	No medical coverage and great difficulty accessing medical care when needed. Some household members may be in poor health.	Some members (e.g. Children) on Public Health Plan.	All members can get medical care when needed, but may strain budget.	All members are covered by affordable, adequate health insurance.			
Life Skills	Unable to meet basic needs such as hygiene, food, activities of daily living.	Can meet a few but not all needs of daily living without assistance.	Can meet most but not all daily living needs without assistance.	Able to meet all basic needs of daily living without assistance.	Able to provide beyond basic needs of daily living for self and family.			
Family or friend relationships	Lack of necessary support from family or friends; abuse (DV or child) is present or there is child neglect.	Family/friends may be supportive, but lack ability or resources to help; family members do not relate well with one another; potential for abuse or neglect.	Some support from family/friends; family members acknowledge and seek to change negative behaviors; are learning to communicate and support.	Strong support from family or friends. Household members support each other's efforts.	Has healthy/expanding support network; household is stable and communication is consistently open.			
Mobility	No access to transportation, public or private; may have car that is inoperable.	Transportation is available, but unreliable, unpredictable, unaffordable; may have car but no insurance, license, etc	Transportation is available and reliable, but limited and/or inconvenient; drivers are licensed and minimally insured	Transportation is generally accessible to meet basic travel needs.	Transportation is readily available and affordable, car is adequately insured.			
Community Involvement	No community involvement due to being in crisis or survival mode.	Socially isolated and/or no social skills and/or lacks motivation to become involved.	Lacks knowledge of ways to become involved	Some community involvement (volunteer group, support group), but has barriers such as transportation, childcare issues.	Actively involved in community			
Parenting Skills	There are safety concerns regarding parenting skills.	Parenting skills are minimal.	Parenting skills are apparent but not adequate.	Parenting skills are adequate.	Parenting skills are well developed.			
Legal	Current outstanding tickets or warrants.	Current charges/trial pending, non-compliance with probation/parole.	Fully compliant with probation/parole terms.	Has successfully completed probation/parole within past 12 months, no new charges filed	No active criminal justice involvement in more than 12 months and/or no felony criminal history.			

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Mental Health	Danger to self or others; recurring suicidal ideation; experiencing severe difficulty in day-to-day life due to psychological problems.	Recurrent mental health symptoms that may affect behavior, but not a danger to self/others; persistent problems with functioning due to mental health symptoms.	Mild symptoms may be present but are transient; only moderate difficulty in functioning due to mental health challenges.	Minimal symptoms that are expectable responses to life stressors; only slight impairment in functioning.	Symptoms are absent or rare; good or superior functioning in wide range of activities; no more than everyday problems or concerns.			
Substance Use	Experiences severe misuse/dependence; resulting problems so severe that institutional living or hospitalization may be necessary in order to live safely.	Meets criteria for dependence; preoccupation with use and/or obtaining drugs/alcohol; withdrawal or withdrawal avoidance behaviors evident; use results in avoidance or neglect of essential life activities.	Use within last 6 months; evidence of persistent or recurrent social, occupational, emotional or physical problems related to use (such as disruptive behavior or housing problems); problems have persisted for at least one month	Have used during last 6 months, but no evidence of persistent or recurrent social, occupational, emotional, or physical problems related to use; no evidence of recurrent dangerous use.	No drug use/alcohol abuse in last 6 months.			
Safety	Home or residence is not safe; immediate level of lethality is extremely high; possible DCF involvement.	Safety is threatened/temporary protection is available, level of lethality is high.	Current level of safety is minimally adequate; ongoing safety planning is essential.	Environment is safe, however, future of such is uncertain; safety planning is important.	Environment is apparently safe and stable.			
Budget & Credit	Bankruptcies/Foreclosures /Evictions	Outstanding Judgements/Garnishments	Needs a Credit Repair Plan.	Moderate Budgeting Skills	Manageable Budget and Ability to Save.			
Disabilities	In crisis - acute or chronic symptoms affecting housing, employment, social interactions, etc always	Vulnerable- sometimes has acute or chronic symptoms affecting housing, employment, social interactions, etc.	Safe - rarely has acute or chronic symptoms affecting housing, employment, social interactions, etc.	Building Capacity - asymptomatic - condition may be controlled by services and/or medication.	Thriving - No identified disability.			

Participant Signature: _____